

## 7 MINDSETS FOR SUCCESS AND TEAM BUILDING

**DATE:** Tuesday, April 14, 2015

**TIME:** 9:00 AM – 4:00 PM CST (8:00 AM – 3:00 PM MST)

**REGISTRATION DEADLINE:** Thursday, April 2, 2015

**DELIVERY: VIDEO CONFERENCE:** SDDOT Central Office Pierre, Aberdeen, Belle Fourche, Brookings, Custer, Huron, Mitchell, Mobridge, Murdo, Pierre Region, Rapid City, Sioux Falls, Watertown, Winner, Yankton

**SDDOT Training AFE: 71F9**

### TARGET AUDIENCE

All employees.

### COURSE DESCRIPTION

Imagine if everyone was fully engaged at work, appreciated the diversity of co-workers and took inspired action every day. A multi-year, multi-million dollar study has proven that there are 7 mindsets that contribute to happiness, success, productivity, and higher levels of employee engagement; embracing these mindsets can have a dramatic impact in your professional and personal life. Without the right mindset, skill loses its impact. This presentation will get you in the right mindset so you can get even better results at work and at home. Participants will:

- Discover compelling evidence for how much your mindset matters
- Learn the mindsets that matter to your happiness and success
- Identify the counter mindsets that tend to derail us
- Learn strategies to embrace the mindsets every day

### SPEAKER(S)



**Teresa Lewis** is a mindset coach, inspirational speaker and facilitator based out of Fargo, ND. Her company, Get Inspired, helps individuals and organizations get better results. She provides inspiration to audiences of all sizes. She is a certified coach and speaker with The 7 Mindsets; sharing principles that lead to happiness and success. Teresa brings passion, optimism and integrity into her business. Her life experiences have paved the way for her to positively impact her clients. She's had over 25 years in the business world, primarily in human resources. What she loved most about human resources was the opportunity to provide others with encouragement and support and this is now what she brings to her clients. She is an engaging and interactive facilitator who brings practical application to ideas and dreams.

Teresa's goal: Make a positive and profound impact on the world!

### REGISTRATION / FEES

**Registration Information:** Registration is free. Each individual must register using the TLN Registration System:

Each individual must go to <http://tln.learnflex.net>

1. If you do not have a TLN user account, click on “New Account” in the Login area (For help click on “Guide to Creating an Account” on the right side of the page.) Fill in all of your information to create a new account, including the SDDOT location that you will attend TLN videoconferences from. After you have created your new account, you must wait until you receive a confirmation e-mail message from TLN before attempting to register for the class. This may take one full day to reach you. (If you do not have an e-mail account at work, you may enter a home e-mail address or the e-mail address of your supervisor or lead worker. E-mails about TLN courses will come to the e-mail address you specify.)
2. If you already have a TLN user account, please do not create a duplicate.
3. After you have created your account, Login using your User Name and Password.
4. When logged in, click on the “Courses/Registration” tab on the top left of the page. This tab will take you to the course calendar that defaults to your location based on your registration.
5. From the Calendar page, click on “name of course” on the date it is offered. This should take you to the course page where you will see all of the locations the course is being offered.
6. From the course page, select “More Info” for your location if you would like more information about the location of the course. Click on “Register” next to the location of your choice to register for the course.
7. A pop-up window will ask you if you are sure you want to register. If you want to register click “OK”.
8. You are now registered for the course and a copy will be sent to your email address. Don’t forget to put the course on your calendar and arrive at your video conference location on time.
9. If you have any questions or difficulties registering please contact Sue Hendrickson, TLN, 701.231.7766.

**Questions: TLN Helpdesk: 701-231-1087.** (For questions specifically related to SDDOT, please contact Virginia Ripley, SDDOT Office of Research 605.773.3292, [virginia.ripley@state.sd.us](mailto:virginia.ripley@state.sd.us) or Dave Huft at [dave.huft@state.sd.us](mailto:dave.huft@state.sd.us).)

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